

LES ROCQUETTES HOTEL

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There's not much nicer than going out for Sunday lunch, especially when it's at Les Rocquettes Hotel, says **Shaun** Shackleton

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unch, as British as

Girls and rain, only far more tasteful. But a Sunday lunch in a restaurant isn't something that I'd

done for many a year,

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so with two daughters and the elder one's boyfriend I headed to Les Rocquettes Hotel, looking forward to a Sunday filled with something other than microwave asagne and garage pies.

t was bustling at 12.30pm (it was Remembrance Sunday, with at least one Chelsea Pensioner resplendent in red tunic and tricorn hat) as we headed to the bar for the obligatory pre-lunch drinks. When our table was set we went through to the Oak Restaurant, bright and airy with the autumn sunlight flooding in through the skylight. Moody, subtle lighting is all well and good for inns and taverns, but a restaurant needs the kind of illumination where you can actually see the food. Surely that's a large part of the sensory pleasure of eating? Our first course was from the 'chef's market table', described on the menu as 'the centrepiece of Sunday lunch at Le Rocquettes'. This is no idle boast. With plates in hand, we circumnavigated what I can only call a small island of food. Seafood, including moules, prawns, rollmops and salmon; cold meats, pates, rillettes and sliced sausage; salads, including rice and pasta, as well as olives, diced beetroot and potato salad; cheeses and baskets of warm artisan breads. This was heaven for Evangeline (the voungest), a huge seafood fan, as she sawed off a generous slice of salmon (artfully arranged with slices of lemon)

and added it to her pile of prawns and dollop of marie rose sauce, and also for Carney (the elder), a recently converted

pescatarian. Carney's boyfriend, Matt, a vegetarian. high with salads and veg. (As is evident, a diverse range of diets upon which to unleash a Sunday lunch). We reseated and tucked in,

*Rules apply



'As for my Aberdeen Angus beef and Yorkshire pudding, never have Scotland and Yorkshire worked so well together since Billy **Bremner captained Leeds United'**

conversation halted for a while. 'The buffet is very good for vegetarians,' complimented Matt.

This salmon is so good,' said Evangeline somewhat expectedly. 'Really nice touch having warm bread,

said Carney. 'And it's really tasty.' 'That was possibly the strongest and saltiest olive I've ever had,' admitted Matt. 'And I think the pickle in the middle of the herring is the most pickley,' said Evangeline.

I loved the beetroot. And Evangeline was right about the salmon. Warm and succulent, I almost wished it was part of the main course menu.

uckily there was time for another round of drinks and a cleansing of the alate before the mains.

Matt chose the potato gnocchi with chargrilled Mediterranean vegetables and sun-dried tomato pesto, Carney went for the homemade nut roast with roast vegetable

> gravy, Evangeline the moules mariniere and I had to have the roast rib eye of Aberdeen Angus beef and herb Yorkshire pudding.

> My beef, as was Carney's nut roast, was served with a choice of roast

The vegetarian

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Matt and Evangeline ruminate on Brexit between courses.

and new potatoes, cabbage, carrots and turnips. The service was quick and unobtrusive, you hardly knew they were there, which I imagine is the skill of a good waiter. Matt said that his gnocchi's sun-dried

tomato pesto was very good. 'You get a good-sized portion, the gnocchi has a good texture and the vegetables

complement it well.' These moules are the best I've had since Saint-Suliac,' said Evangeline, which was high praise indeed. 'The sauce is so rich

just right,' she added, soaking up the sauce with some olive bread from the chef's table. Carney and Matt, as young beaus do, were

sharing each other's lunch. 'From a vegetarian's point of view that's a great nut roast,' said Matt.

'It's got a good texture,' said Carney. 'A bit of a crunch to it and a good crust. As for my Aberdeen Angus beef and Yorkshire pudding, never have Scotland and Yorkshire worked so well together since Billy Bremner

captained Leeds United. And the roast potatoes – iust as importan^{*} (perhaps even more important) than the meat – were spot on: salty and crispy on the outside fluffy/creamy and hot inside

nother break as the table was cleared and a look at the dessert menus had Evangeline picking the banana and cinnamon pudding with a salted caramel ice cream, Carney the lemon tart with raspberry sorbet and Matt and I the passion fruit delices (one of us could've had the farmhouse cheese, chutney and biscuits, but we were all savouried up from the first two courses).

This lemon tart has a lovely crust,' said Carney, 'and it's a bit creme brulee-like on the top,' she added, which went as a and refreshing.

Evangeline found her pudding to have different textures. 'Some parts are soft and some parts are crunchy,' she reported. 'And the ice cream has a great caramelly

Matt enjoyed his delice – neither of us had ever had it before – it's like a slightly hard, very fruity jelly. And it came with a shaving of white chocolate on the top and dabs of sauce. Which was a great touch. All in all our Shackleton Sunday lunch was deemed a success. As we went back

out into the autumnal sunshine. Matt put it most succinctly: 'To see what you get - a buffet starter, a main course and a

pudding – it's great value for money.' No doubt a return visit beckons soon.

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