## Menu

## Breakfast Menu

Available 8.30am 11.30am • Sunday 10am 11.30am

### Gardener's Breakfast £7.95

Two pork sausages, two rashers of grilled back bacon, two fried eggs, grilled tomato, mushroom, black pudding, Hemz baked beans and sautéed potatoes.

Served with two slices of toast and Guernsey butter. Mug of tea or coffee included

#### Small Gardener's Breakfast £6.45

Pork sausage, rasher of grilled back bacon, fried egg, grilled tomato, mushroom, black pudding, Heinz baked beans and sauféed potatoes.

Served with a slice of toast and Guernsey butter. Mug of tea or coffee included.

### Vegetarian Breakfast (v) £6.95

Grilled halloumi cheese and spinach, two fined eggs, grilled tomato, mushroom. Heinz baked beans and saufeed polatoes.

Served with two slices of toast and Guernsey butter. Mug of tea or cottee included.

## Breakfast Special (v) £3.75

Iwo slices of toast or teacake with a pot of tea or coffee - plus a free retill

### Eggs Your Way £4.25

Iwo eggs – fined, peached or scrambled on toasted farmhouse blocmer bread.

Add Scottish smoked salmon £2:50

### Triple Egg Omelette £4.25

Choose your filling: cheese, ham, tomato, mushroom and onion

### **Eggs Benedict**

Iwo poached eggs topped with hollandaise sauce served on a toasted English multin

Eggs Benedict with grilled smoked back bacon £5.95

Eggs Florentine (v) with creamy spinach £5.95

Eggs Royale with Scottish smoked salmon £6.95

## Lunch Menu

Available from 12 noon until 3pm

Sandwiches and Children's Menu available from 11am to 4pm

## Catch of the Day £11.95

Fresh fish of the day - grilled with Guernsey butter served with two salads from the deli bar

### Chicken & Mushroom Pasta £9.95

Chicken, smoked back bacon and mushrooms in a white vine, tomato and Guernsey cream sauce served on tagliatelle pasta topped with rocket leaves and parmesan\*

Add Garlic clabatta £2.50

## Veggie Chilli Bowl (ve) £8.95

Homemade five bean and chickpea chilli bowl served with corn chips and quacamole

## Mushroom Burger (v) £9.95

Field mushroom topped with goat's cheese and roasted peppers served on a floured bun with red onion marmalade, chunky chips and crispy onion rings

### Steak Sandwich £9.95

Grilled minute steak served on garlic buttered clabatta with chunky chips, crispy onion rings and mustard mayonnaise

Le Friquet Burger £9.95

Locally made 6oz beef burger, grilled and served on a floured burn with chunky chips, crispy onion rings and Marie Rose sauce

### Fish & Chips £9.95

'Sait and Vinegar' battered Cod fillet served with garden peas, chunky chips and homemade tartare sauce

## Triple Egg Omelette £7.95

Served with chunky chips and a side salad

Choose your filling - three items: cheese, ham, tomato, mushroom, spinach and onion

\*Italian hard cheese - suitable for vegetarians

# Sandwiches

Served with a salad garnish and hand cooked crisps

Choose your bread:

• Sandwich • Clabatta • Wrap • Toasted panini\* • Mixed seed rolls (gf) • Gluten free bread (gf)

Add a filling from our Fillings & Toppings menu Add a bowl of shunky chips £1.75

## Salad Bowls

Caesar Salad (v) £6.95

Baby gem lettuce tossed in Caesar dressing with croutons and shaved parmesan\*

Add a topping from our Fillings & Toppings menu

Café des Amis Salad (V) £5.95

Mixed leaves, cucumber, cherry tomatoes, red onion and mixed peppers with our house dressing

Add a topping from our Fillings & Toppings menu

## **Baked Potatoes**

With Heinz Baked Beans & Guernsey mature Cheddar (v) £6.95
With Guernsey butter & salad garnish (v) £4.95